

2017 TAVY 13

Sunday 19 March 2017

TAVY 13 Race Entries on 17th March 2017

Name				
Race No.	Surname	Forename	Age Category	Club
11	Horn	Edward	0	Launceston RR
192	Allford	Shona	F35	Crapstone Harriers
251	Angwin	Nichola	F35	Unattached
129	Armstrong	Maxine	F35	Hayle Runners
491	Batteson	Jamie	F35	Storm
262	Busfield	Gemma	F35	Storm
431	Butchers	Geraldine	F35	Storm
141	Channon	Kelly	F35	Unattached
349	Ellis	Jo	F35	Unattached
490	Fowler	Nicola	F35	Storm
372	Freemantle	Sue	F35	Storm
152	Gee	Liz	F35	Plymouth Musketeers
140	Gosling	Karen	F35	Unattached
167	Hallas	Lucy	F35	Unattached
314	Hirons	Sarah	F35	Erme Valley Harriers
133	Hoatson	Chloe	F35	Plymouth Musketeers
347	Hodge	Geraldine	F35	Unattached
460	Horton	Maddie	F35	Unattached
109	Howell	Lucy	F35	Plymouth Musketeers
302	Jarvis	Liza	F35	Unattached
215	Lang	Sharon	F35	Plymouth Musketeers
407	Legge	Claire	F35	Plymouth Coasters
453	Leggott	Sara	F35	North Devon RR
78	Manly	Marie	F35	Plymouth Musketeers
341	Marsland	Louise	F35	Tamar Trotters
420	Mole	Linda	F35	Plymouth Harriers
383	Munro	Clare	F35	Unattached
41	Nash	Tracy	F35	Unattached
124	Priestley	Sharon	F35	Unattached
138	Rawlings	Laura	F35	Unattached
350	Richardson	Lisa	F35	Unattached
324	Smith	Zoe	F35	North Devon RR
136	Spence	Kelly	F35	Unattached
123	Tame	Lisa	F35	Bude Rats
161	Wills	Laura	F35	Plymstock RR
236	Wilson	Caroline	F35	Okehampton RC
409	Wisdom Gray	Carla	F35	Storm
145	Wise	Rebecca	F35	Launceston RR
51	Woodburn	Catherine	F35	Plymouth Harriers
445	Wykes	Isobel	F35	Unattached
110	Arnold	Jo	F40	Plymouth Musketeers
203	Bickley	Hazel	F40	Bere Alston Trekkers
83	Brumhead	Kelly	F40	Plymouth Musketeers
466	Burnett	Melissa	F40	Storm
361	Catnach	Alison	F40	Looe Pioneers Running Club
281	Clapham	Bev	F40	Unattached
67	Cook	Julie	F40	Plymouth Musketeers
385	Copson-Ball	Sally	F40	Unattached
184	Court	Karla	F40	Plymouth Coasters
253	Dixon	Dawn	F40	Storm
416	Duggan	Cheryl	F40	Unattached
360	Dunn	Sally	F40	Bere Alston Trekkers
476	Dymond	Amanda	F40	Bodmin Women's running Club
103	Forster	Emma	F40	Plymouth Musketeers
400	Gill	Nichola	F40	Plymouth Musketeers
107	Greenaway	Beth	F40	Tamar Trotters
471	Griffiths	Bea	F40	Unattached
288	Haimes	Johanna	F40	Unattached
179	Hartill	Gail	F40	Bodmin RR
227	James	Wendy	F40	Storm
97	Jefford	Joanne	F40	Plymouth Musketeers
135	Kushnirov	Maria	F40	Unattached
101	Lamerton	Maggie	F40	Plymouth Musketeers
75	Langsford	Laura	F40	Tavistock AC
209	Lee	Lucy	F40	Tamar Trotters

301	Manawalala	Katie	F40	Unattached
120	Martin	Samantha	F40	Plymouth Musketeers
289	May	Gail	F40	Storm
32	Moseley	Suzanne	F40	Unattached
92	Penn	Rachel	F40	Bude Rats
102	Perry	Cleo	F40	Erme Valley Harriers
474	Pritchard	Heather	F40	Cornwall Coastal Running Club
99	Robinson	Sarah	F40	Plymouth Musketeers
5	Ryan	Karen	F40	Tamar Trotters
246	Sales	Hilary	F40	Unattached
193	Samara	Konstantina	F40	Bude Rats
229	Simson	Paula	F40	City of Plymouth AC
327	Tippett	Sarah	F40	Tamar Trail Runners
359	Trice	Soozie	F40	Tamar Trail Runners
305	Tucker	Nicky	F40	Storm
12	Westlake	Louisa	F40	Storm
226	Willis	Katharine	F40	Unattached
277	Yerlikaya	Ziya	F40	Unattached
34	Barnes	Cally	F45	Bere Alston Trekkers
272	Coles	Bernadette	F45	Unattached
415	Dooley	Kate	F45	Unattached
313	Fryer	Rebecca	F45	Tamar Trotters
9	Fuller	Janice	F45	Unattached
178	Gentry	Caroline	F45	South West RR
15	Greaves	Mel	F45	Bere Alston Trekkers
118	Green	Kathy	F45	Unattached
357	Hitchen	Lesley	F45	Plymouth Musketeers
201	Hobbs	Nikki	F45	Unattached
21	Horton	Sarah	F45	Plymouth Coasters
29	Lammin	Kimberly	F45	Unattached
216	Langrill	Tj	F45	Crediton Running Network
266	Ollivier	Louise	F45	Hayle Runners
71	Page	Julie	F45	Bere Alston Trekkers
342	Pedrick	Melanie	F45	Plymouth Harriers
202	Perks	Wendy	F45	Unattached
114	Ray	Pamela	F45	Hayle Runners
96	Sinclair	Sarah-Jane	F45	Plymouth Musketeers
91	Soper	Jo	F45	Tamar Trotters
408	Stokes	Jacqui	F45	Unattached
252	Vanstone	Mel	F45	Unattached
13	Waites	Jackie	F45	Unattached
464	Waldron	Allison	F45	Storm
397	Whitley	Marion	F45	Unattached
280	Wong	Lai-Yin	F45	Plymouth Musketeers
22	Adams	Pam	F50	Unattached
149	Barriball	Julie	F50	Launceston RR
321	Birch	Lisa	F50	Bere Alston Trekkers
190	Bonfield	Nicky	F50	Unattached
171	Burn	Karen	F50	Unattached
264	Caulfield	Trudy	F50	Tamar Trotters
2	Davey	Philippa	F50	Plymouth Musketeers
454	Daw	Sharon	F50	East Cornwall Harriers
263	Freer	Carol	F50	Storm
206	Gardner	Lucy	F50	Unattached
283	Gay	Jackie	F50	Launceston RR
24	King	Dotty	F50	Tamar Trail Runners
130	Lewis	Deborah	F50	Hayle Runners
113	Maitland	Jackie	F50	Tamar Trotters
65	Morgan	Frances	F50	Bere Alston Trekkers
86	Powell	Cherry	F50	Plymouth Musketeers
70	Ross	Sarah	F50	Tamar Trotters
368	Selwood	Jill	F50	Plymouth Harriers
418	Shortman	Catherine	F50	Unattached
26	Smith	Heather	F50	Unattached
40	Warren	Mandy	F50	Unattached
370	Wilsher	Rachael	F50	Unattached
74	Zaple	Katrina	F50	Unattached
117	Dart-Cassidy	Jayne	F55	Plymouth Harriers
158	O'Shea	Tina	F55	Plymouth Musketeers
297	Catto	Susan	F60	Tamar Trail Runners
39	Da Silva	Selina	F60	Marathon Club Ireland
422	Davies	Sally	F60	Torbay AC
448	Beckley	Justin	M40	North Devon RR
340	Bishop	Gary	M40	Plymouth Harriers
88	Bradley	Matt	M40	Plymouth Musketeers
373	Broadbent	Chris	M40	Teignbridge Trotters

143	Brown	Adrian	M40	Launceston RR
230	Burrows	Steve	M40	Unattached
38	Chalk	Joseph	M40	Tavistock AC
326	Church	David	M40	Erme Valley Harriers
406	Doddridge	Mark	M40	DSFRS RC
430	Dorain	Christopher	M40	Unattached
7	Elliott	Paul	M40	Storm
330	Fitze	Simon	M40	Tamar Trotters
82	Frost	Justin	M40	Plymouth Musketeers
284	Glattback	Michael	M40	Storm
379	Goodwin	Gareth	M40	Unattached
299	Haimes	Tim	M40	Unattached
388	Hall	Andy	M40	Unattached
177	Hammond	David	M40	Tamar Trotters
159	Hook	Nigel	M40	Unattached
105	Johnson	Bevan	M40	Plymouth Harriers
438	Johnson	Alex	M40	Unattached
50	Jones	Dean	M40	Lordshill Road Runners
319	Kirwan	Dee	M40	Launceston RR
393	Klimczak	Marcin	M40	Unattached
134	Kushnirov	Yoav	M40	Unattached
241	Locke	Justin	M40	Storm
364	Luckham	Matt	M40	Bere Alston Trekkers
237	Mckenzie	Paul	M40	Unattached
343	Norris	Chris	M40	Launceston RR
294	O'Connell	James	M40	Unattached
35	Pascoe	Jason	M40	Unattached
470	Perrett	Simon	M40	South West RR
346	Pollard	Phil	M40	Tamar Trotters
479	Powell	David	M40	Plymstock RR
426	Powell	Andrew	M40	Tamar Trail Runners
125	Priestley	Glenn	M40	Unattached
441	Ramsden	Clive	M40	Bodmin RR
248	Rider	Richard	M40	Unattached
115	Rimmell	Ed	M40	Unattached
6	Ryan	Simon	M40	Tamar Trotters
208	Sloggett	Paul	M40	Unattached
401	Stanford	Joe	M40	Bodmin RR
254	Strachan	Steve	M40	Plymouth Musketeers
165	Thisby	James	M40	Unattached
358	Trice	Ian	M40	East Cornwall Harriers
404	Tucker	Mark	M40	Unattached
308	Watts	Ben	M40	Unattached
139	Waumsley	Pete	M40	Tamar Trotters
320	Weemys	Simon	M40	Unattached
218	Wengradt	Simon	M40	Mud Crew Trail Runners
446	Widdicombe	Graydon	M40	Teignbridge Trotters
449	Williams	Marcus	M40	Unattached
173	Yates	Paul	M40	Team H Plymouth
142	Ashurst	Mark	M45	Plymouth Striders
306	Atkinson	Richard	M45	Unattached
310	Bennett	David	M45	Plymouth Musketeers
414	Bird	Mark	M45	DSFRS RC
144	BULEY	EMMA	M45	Launceston RR
447	Cooke	Joff	M45	Plymouth Musketeers
354	Cornish	Dean	M45	Tamar Trotters
282	Courtneil	Darren	M45	Unattached
329	Cox	Steve	M45	Launceston RR
410	Crossley	Ian	M45	Erme Valley Harriers
53	Cusack	Addie	M45	Unattached
267	Firth	Anthony	M45	Tamar Trotters
402	Giles	Nicholas	M45	Unattached
390	Gitlin	Adam	M45	Unattached
223	Harber	Dean	M45	Plymouth Musketeers
398	Harris	Andy	M45	Unattached
311	Hearne	Stuart	M45	Unattached
250	Hunnisett	Neil	M45	Unattached
182	Ilsey	Ian	M45	Unattached
322	Knab	Tim	M45	Bodmin RR
164	Langdon	Vince	M45	South Devon AC
217	Langrill	Mark	M45	Unattached
93	Leeton	Russell	M45	Launceston RR
160	Lowther	Jason	M45	Plymouth Musketeers
443	Markwick	Ian	M45	Unattached
119	Martin	Gary	M45	Plymouth Musketeers
1	Mcdermott	Shaun	M45	Unattached

387	Murray	James	M45	Newquay RR
287	Nicholas	Jon	M45	Unattached
234	Perry	Andrew	M45	Erme Valley Harriers
137	Peters	Martin	M45	Unattached
247	Picken	Jonathan	M45	Unattached
467	Powell	Matt	M45	Storm
8	Sandercock	Damian	M45	Storm
366	Sweeney	Matthew	M45	Unattached
417	Symons	Mark	M45	Team H Plymouth
127	Thomas	Henry	M45	Unattached
363	Thorne	Phil	M45	North Devon RR
90	Trice	Dean	M45	Plymouth Musketeers
200	Vernon	Gary	M45	Unattached
189	West	Mark	M45	Unattached
23	Adams	David	M50	Unattached
228	Ainsworth	John	M50	Tamar Trotters
233	Albon	Gary	M50	Unattached
191	Bonfield	Kevin	M50	Unattached
437	Boswell	Guy	M50	Plymouth Musketeers
60	Bradshaw	Roger	M50	Plymouth Musketeers
318	Brookes	Steven	M50	Tamar Trotters
28	Casey	Paul	M50	Unattached
265	Caulfield	Paul	M50	Tamar Trotters
477	Chinn	Paul	M50	Unattached
260	Chiswell	Kevin	M50	Storm
154	Cregan	Gary	M50	Unattached
36	Embury	Andrew	M50	Unattached
444	Ferguson	Andrew	M50	Mud Crew Trail Runners
273	Ford	Peter	M50	Unattached
332	Hall	Stuart	M50	DSFRS RC
425	Harvey	Stephen	M50	Storm
199	Herbert	Gary	M50	Unattached
240	Jauffur	Hassam	M50	Unattached
25	King	Philip	M50	Tamar Trail Runners
104	Land	Ian	M50	Unattached
42	Leek	Michael	M50	Unattached
456	Macauley	Alan	M50	Exeter Tri Club
111	Maitland	Leslie	M50	Tamar Trotters
270	Martin	Andrew	M50	Tavistock AC
427	Meardon	David	M50	Hatherleigh Runners
482	Newson	Mark	M50	Unattached
72	Perring	Iain	M50	Plymouth Musketeers
153	Reddicliffe	Nigel	M50	Launceston RR
371	Reed	Mike	M50	Unattached
315	Reynolds	Graham	M50	Torbay AC
27	Smith	Michael	M50	Unattached
49	Smyly	Roger	M50	Unattached
386	Voaden	Roger	M50	Okehampton RC
375	Whitley	Mike	M50	Mud Crew Trail Runners
43	Wood	Glenn	M50	East Cornwall Harriers
194	Andrews	Jim	M55	Plymouth Musketeers
278	aylen	chris	M55	Okehampton RC
290	Beech	Clive	M55	Unattached
323	Bryan	Trev	M55	North Devon RR
362	Catnach	Peter	M55	Looe Pioneers Running Club
374	Cork	Michael	M55	Plymouth Coasters
286	Cowden	Andy	M55	Bere Alston Trekkers
328	Davis	Steve	M55	Plymouth Musketeers
291	Hay	Steve	M55	Torrington AAC
428	Leary	Peter	M55	Unattached
269	Mattingly	Mike	M55	Lordshill Road Runners
196	Neal	Steve "Superman"	M55	Plymouth Musketeers
157	O'Shea	Steve	M55	Plymouth Musketeers
469	Paull	Kevin	M55	Erme Valley Harriers
396	Payne	Mark	M55	Exeter Tri Club
312	Selley	Nigel	M55	Unattached
419	Squibb	David	M55	Unattached
459	Stafford	Andy	M55	Storm
76	Todd	Michael	M55	Tamar Trotters
335	Williams	Martin	M55	Brixham Harriers
352	Williams	Trevor	M55	Tamar Trotters
128	Cope	Trevor	M60	South West Vets
334	Cryer	Jonathan	M60	Unattached
116	Dart	Ian	M60	Plymouth Harriers
423	Davies	Michael	M60	Torbay AC
412	Dixon	John	M60	Unattached

30	Herdman	Allan	M60	Tavistock AC
293	Partridge	Graham	M60	South West RR
345	Randall	Stephen	M60	Unattached
108	Sharples	Paul	M60	Teignbridge Trotters
68	Smith	John	M60	Tamar Trotters
198	Spargo	Philip	M60	Truro Running Club
382	Newton	Graham	M65	Axe Valley Runners
413	Palmer	Michael	M65	East Cornwall Harriers
155	Salvage	David	M65	Tamar Trotters
163	Venning	Martin	M65	Launceston RR
355	Elmes	Ralph	M70	Bere Alston Trekkers
442	Abell	Laura	Senior Female	Tamar Trotters
63	Alderson	Kate	Senior Female	Unattached
484	Alderson	Kate	Senior Female	Unattached
298	Bailey	Carrie-Ann	Senior Female	Tamar Trail Runners
384	Barth	Ulla	Senior Female	Unattached
403	Baxter	Hollie	Senior Female	Plymouth Harriers
162	Blundell	Helen	Senior Female	Storm
389	Body	Gemma	Senior Female	South Devon AC
46	Burbidge	Alice	Senior Female	Unattached
58	Chesbrough	Emma	Senior Female	Unattached
166	Coombe	Abbey	Senior Female	Plymouth Striders
59	Dawe	Tamsin	Senior Female	Plymouth Triathlon
331	Dawes	Rachel	Senior Female	Unattached
85	Day	Amy	Senior Female	Plymouth Musketeers
172	Faithfull	Claire	Senior Female	Storm
197	Farr	Georgie	Senior Female	Storm
122	Finn	Colleen	Senior Female	Bude Rats
377	Fisk	Jodi	Senior Female	Tavistock AC
131	Francis	Melanie	Senior Female	Plymouth Musketeers
399	Harris	Natalie	Senior Female	Unattached
156	Hart	Charlotte	Senior Female	Unattached
433	Harvey	Natasha	Senior Female	Storm
18	Harvey	Emma	Senior Female	Unattached
486	Hawke	Gemma	Senior Female	Storm
132	Hembury	Bethany	Senior Female	Storm
405	Hunt	Jenna	Senior Female	Falmouth RR
37	Inness	Melissa	Senior Female	Unattached
434	Isayeva	Svetlana	Senior Female	Unattached
57	Jones	Anna	Senior Female	Unattached
348	Jones	Cirsty	Senior Female	Unattached
45	Joule	Jennifer	Senior Female	Plymouth Triathlon
450	Kemp	Angel	Senior Female	Storm
463	Kempe	Joeleigh	Senior Female	Unattached
333	Kenny	Georgina	Senior Female	Unattached
316	Kuhle	Isobel	Senior Female	Unattached
169	Lester	Emily	Senior Female	Unattached
242	Locke	Hayley	Senior Female	Storm
432	Malthouse	Rachael	Senior Female	Tavistock Run Project
4	Mccormick	Megan	Senior Female	Unattached
243	Medland	Lora	Senior Female	Okehampton RC
210	Mortimore	Gemma	Senior Female	Unattached
16	Mulvihill	Lorna	Senior Female	Unattached
187	Neil	Jennifer	Senior Female	Plymouth Coasters
238	O'Carolan	Georgia	Senior Female	Unattached
61	Peel	Chloe	Senior Female	Unattached
62	Peel	Genevieve	Senior Female	Unattached
195	Prowse	Kirsty	Senior Female	Plymouth Triathlon
168	Sennett	Emily	Senior Female	Unattached
98	Shepherd	Rosie	Senior Female	Storm
239	Shute	Rebecca	Senior Female	Unattached
255	Simpson	Hayley	Senior Female	Plymouth Striders
126	Sleep	Sally	Senior Female	Unattached
235	Smith	Nicola	Senior Female	Okehampton RC
66	Smith	Becky	Senior Female	Tamar Trotters
391	Sortwell	Charlotte	Senior Female	Yaxley Runners & Joggers
257	Spinney	Katrina	Senior Female	Unattached
224	Thomas	Georgina	Senior Female	Unattached
77	Todd	Lisa	Senior Female	Unattached
296	Walters	Hannah	Senior Female	Unattached
181	Watwood	Delphine	Senior Female	Plymouth Harriers
344	Wilkins	Rebecca	Senior Female	Unattached
219	Woodhouse	Michaela	Senior Female	Plymouth Musketeers
488	Worth	Emily	Senior Female	Unattached
213	Zinn	Avril	Senior Female	Unattached
452	Ainley	Simon	Senior Male	Unattached

19	Alford	Richard	Senior Male	Unattached
458	Allen	Scott	Senior Male	Storm
392	Allford	Clive	Senior Male	Unattached
436	Andrewartha	David	Senior Male	Bude Rats
232	Anthony	Chris	Senior Male	Bere Alston Trekkers
378	Armstrong	James	Senior Male	Tavistock AC
271	Arnold	Lee	Senior Male	Unattached
249	Arundel	Jack	Senior Male	Storm
244	Ayland	Jack	Senior Male	Unattached
275	Barnet	James	Senior Male	Falmouth RR
337	Barton	James	Senior Male	Unattached
3	Bignell	Daniel	Senior Male	Tamar Trotters
472	Bisset	Paul	Senior Male	North Devon RR
146	Brogden	Thomas	Senior Male	Unattached
274	Brown	Joshua	Senior Male	Storm
376	Burns	Fraser	Senior Male	Unattached
185	Callf	Daniel	Senior Male	Unattached
94	Cameron	Luke	Senior Male	Plymouth Musketeers
205	Canosa	Luis	Senior Male	Unattached
411	Caughey	Shane	Senior Male	Unattached
309	Caves	Matt	Senior Male	Tamar Trotters
56	Chen	Lawrence	Senior Male	Lordshill Road Runners
485	Clewley	Tom	Senior Male	Adelaide Harriers
106	Clewley	Daniel	Senior Male	Unattached
380	Cole	Jim	Senior Male	Tavistock AC
64	Collins	Paul	Senior Male	Tamar Trotters
214	Cox	Nathan	Senior Male	Unattached
369	Criddle	Dan	Senior Male	Plymouth Musketeers
81	Davies	Chris	Senior Male	Unattached
268	Dwyer	James	Senior Male	Unattached
231	Dyer	Paul	Senior Male	Storm
95	Evans	Darren	Senior Male	Launceston RR
211	Faulkner	Andrew	Senior Male	Unattached
147	Ford	Carl	Senior Male	Unattached
225	Fox	Chris	Senior Male	Unattached
421	Gibbard	Charlie	Senior Male	Tavistock AC
150	Gilbert	Mike	Senior Male	Launceston RR
480	Giles-Wyatt	Adam	Senior Male	Unattached
174	Gould	James	Senior Male	Unattached
220	Grantham	David	Senior Male	Unattached
170	Harris	Tim	Senior Male	Unattached
180	Hartill	Taylor	Senior Male	Unattached
175	Heard	Mark	Senior Male	Unattached
73	Hewes	Joe	Senior Male	Plymouth Musketeers
87	Hill	Steve	Senior Male	Unattached
112	Hockey	Michael	Senior Male	Plymouth Musketeers
489	Hoskin	Alan	Senior Male	Erme Valley Harriers
439	Howard	Matthew	Senior Male	Unattached
351	Howells	Craig	Senior Male	Tavistock Triathlon
487	Jago	Duncan	Senior Male	Unattached
276	James	John	Senior Male	Unattached
381	Jefferis	Gary	Senior Male	UKNetRunner
279	Jennison	Toby	Senior Male	Unattached
207	Jones	Michael	Senior Male	Unattached
462	Kendall	Chris	Senior Male	Unattached
481	Kirby	Wayne	Senior Male	Unattached
465	Kirk	Chris	Senior Male	Unattached
295	Ladell	Donald	Senior Male	Unattached
478	Laity	Steven	Senior Male	Plymouth Harriers
339	Lapthorne	Robert	Senior Male	Storm
435	Leacher	Brett	Senior Male	Plymouth Musketeers
245	Lester	Ben	Senior Male	Unattached
33	Lewis	Marc	Senior Male	Unattached
261	Loton	Andrew	Senior Male	Tamar Trotters
121	Maclellan	Craig	Senior Male	Erme Valley Harriers
80	Macleod	Simon	Senior Male	Tamar Trotters
79	Manly	John	Senior Male	Unattached
303	Matthews	Ross	Senior Male	Unattached
473	Maunder	Richard	Senior Male	Plymouth Triathlon
204	Mccarthy	David	Senior Male	Storm
258	Mcilvenny	Lee	Senior Male	Unattached
304	Meredith	Andrew	Senior Male	Unattached
317	Mill	Lewis	Senior Male	Tavistock Triathlon
100	Miners	Michael	Senior Male	Erme Valley Harriers
307	Mouncy	Ryan	Senior Male	Unattached
367	Murdoch	Daniel	Senior Male	Roman Gladiators

10	Mutton	Lewis	Senior Male	Storm
176	O'Connor	David	Senior Male	Team H Plymouth
336	Palmer	Colin	Senior Male	Storm
48	Paul	Dan	Senior Male	Plymouth Musketeers
394	Payne	James	Senior Male	Roman Gladiators
188	Pillage	Alex	Senior Male	Unattached
483	Potter	Jason	Senior Male	Exeter Tri Club
221	Pressling	Jon	Senior Male	Torbay AC
20	Prouse	Oli	Senior Male	Teignbridge Trotters
259	Ralph	Robin	Senior Male	Unattached
186	Rice	Harry	Senior Male	Unattached
455	Roberts	Adam	Senior Male	Exeter Tri Club
365	Robertson	Andrew	Senior Male	Unattached
84	Shaw	Jim	Senior Male	Launceston RR
285	Shaw	Robert	Senior Male	Plymouth Harriers
292	Shaw	Rob	Senior Male	Unattached
222	Shepherd	David	Senior Male	Unattached
395	Simons	Brett	Senior Male	Plymouth Musketeers
461	Simpson	Paul	Senior Male	Unattached
148	Slow	Barry	Senior Male	Unattached
424	Smiles	Sam	Senior Male	Unattached
356	Smith	Ben	Senior Male	Tamar Trotters
183	Smith	Miles	Senior Male	Unattached
440	Spencer	James	Senior Male	Roman Gladiators
451	Steer	Matthew	Senior Male	Unattached
457	Stephens	Richard	Senior Male	Tamar Trotters
17	Stubbs	Phil	Senior Male	Unattached
353	Taylor	Ash	Senior Male	Unattached
52	Taylor-Jones	Bradley	Senior Male	Unattached
151	Thompson	James	Senior Male	Unattached
89	Tiffen	Jon	Senior Male	Unattached
14	Tomes	Pete	Senior Male	Storm
492	Tranter	Simon	Senior Male	Taunton AC
54	Treloar	Ricky	Senior Male	Unattached
47	Tunison	Kevin	Senior Male	Unattached
31	Turpin	Jamie	Senior Male	Unattached
468	Varcoe	Edward	Senior Male	Plymouth Harriers
338	Ware	Henry	Senior Male	Tavistock Run Project
55	Wearing	Chris	Senior Male	Unattached
44	Wells	Wes	Senior Male	Tamar Trotters
325	Welsh	Peter	Senior Male	Tavistock Triathlon
475	Whitmore	Sam	Senior Male	Unattached
429	Whitson-Fay	Jack	Senior Male	Unattached
69	Winnall	Ian	Senior Male	Plymouth Musketeers
300	Withers	David	Senior Male	Southville Running Club
256	Wood	Jake	Senior Male	Unattached
212	Zinn	Simon	Senior Male	Unattached