

2018 TAVY 13

Sunday 15 April 2018

TAVY 13 Race Entries at 14 April 2018

Race No.	Name			Club
	Surname	Forename	Age Category	
172	Abbott	Shelley	F35	Unattached
156	Abell	Laura	Senior Female	Unattached
168	Adams	Pam	F50	Bere Alston Trekkers
169	Adams	David	M50	Bere Alston Trekkers
291	Adams	Sharon	F40	Plymouth Musketeers RC
79	Alford	Richard	Senior Male	Unattached
318	Allbutt	Gary	M50	Plymouth Musketeers RC
231	Allen	Mike	Senior Male	Unattached
358	Anderson-Stacey	Rachel	F40	Tamar Trail Runners
46	Andrews	Jim	M55	Plymouth Musketeers RC
241	Anthony	Chris	Senior Male	Bere Alston Trekkers
363	Antolic	Samantha	F40	Tamar Trail Runners
368	Argue	Tanya	F45	Bere Alston Trekkers
219	Armstrong	James	Senior Male	Tavistock Run Project
221	Armstrong	Dave	M50	Unattached
7	Arnold	Lee	Senior Male	Unattached
123	Arr Woodward	Robert	Senior Male	Unattached
205	Arundel	Jack	Senior Male	Storm Plymouth
20	Ashton	Debbie	F45	Bere Alston Trekkers
130	Ashton	Paul	M50	Bere Alston Trekkers
311	Atkinson	Richard	M50	Storm Plymouth
425	Atkinson	Paul	M55	Tamar Trotters
173	Aubert	Petra	F50	Unattached
122	Austin	Ben	Senior Male	Team H Running Plymouth
435	Ayres	Natasha	F45	Bere Alston Trekkers
283	Backaller	Peter	Senior Male	Storm Plymouth
30	Baird	Emile	M45	Unattached
396	Baker	Donna	F35	Tamar Trail Runners
407	Baker	Adrian	M40	Tamar Trail Runners
466	Baker	Mike	M50	Okehampton RC
341	Barlow	Claire	F40	Bodmin Road Runners
359	Barnes	Cally	F50	Bere Alston Trekkers
340	Barton	James	Senior Male	Unattached
76	Bateman	Rebecca	F40	Bodmin Road Runners
479	Batteson	Ben	M40	Storm Plymouth
212	Battishill	Michael	M45	Plymouth Striders
199	Bazley	David	M50	Unattached
113	Beaton	Janette	F45	Storm Plymouth
316	Beattie	Laura	Senior Female	Plymouth Harriers
499	Beech	Clive	M60	Unattached

8	Beilby	Annette	F40	Unattached
222	Bennett	Caroline	F55	North Devon RRC
223	Bennett	Steve	M55	North Devon RRC
356	Bennett	Phillip	M50	Unattached
282	Benny	Jack	Senior Male	Unattached
60	Bergonzini	Umberto	M45	Unattached
452	Berry	Adrian	M40	Tamar Trotters
55	Best	Richard	M45	Plymouth Musketeers RC
475	Bickford-Beers	Dan	Senior Male	Run Torbay
386	Bickley	Hazel	F40	Bere Alston Trekkers
486	Bignell	Daniel	Senior Male	Storm Plymouth
459	Bills	Kelly	F40	Carn Runners
376	Binns	Anne	F50	Okehampton RC
377	Binns	John	M50	Okehampton RC
44	Birch	Lisa	F50	Bere Alston Trekkers
401	Bishop	Gary	M45	Plymouth Harriers
116	Blakesley	Peter	M55	Teignbridge Trotters
207	Blundell	Helen	Senior Female	Storm Plymouth
56	Bolland	Nick	M55	Hinckley Running Club
188	Bond	Hayden	Senior Male	Okehampton RC
306	Boone	Alan	M60	Teignbridge Trotters
450	Bover	Annie	F35	Bude Rats
398	Bowden	Andrew	M45	Bere Alston Trekkers
170	Boxall	Cheryl	F40	Plymouth Musketeers RC
115	Brant	Hayley	F40	Unattached
215	Brookman	Jenna	Senior Female	Unattached
266	Brown	Jo	F35	Menheniot
490	Brown	Adrian	M40	Launceston Road Runners
218	Browne	Luke	Senior Male	Unattached
495	Brumhead	Kelly	F40	Plymouth Musketeers RC
321	Buckingham	Edward	M45	Tamar Trotters
331	Buckley	Mike	Senior Male	Unattached
462	Buckley	Janie	F45	Unattached
185	Bullock	Rachel	F40	Tamar Trotters
177	Burbidge	Alice	F35	Unattached
436	Burbidge	David	M40	Unattached
41	Burke	Miranda	F50	Plymouth Harriers
286	Burnard	Dan	Senior Male	Unattached
307	Burns	Fraser	Senior Male	Unattached
271	Busfield	Gemma	F35	Storm Plymouth
142	Camies	Jo	F45	Okehampton RC
133	Carey	Cathy	F35	Okehampton RC
328	Case	Daniel	Senior Male	Plymouth Musketeers RC
465	Chambers	Crispin	M50	Tavistock Run Project
138	Channing	Richard	M40	Unattached
178	Chapman	Zoe	Senior Female	Unattached
259	Charles	Andy	M55	Plymouth Harriers
395	Cheetham	Louise	Senior Female	Tamar Trail Runners
461	Church	David	M40	Erme Valley Harriers
195	Clarke	Hayley	Senior Female	Unattached

15	Climpson	Jane	F40	Unattached
6	Clitherow	Hana	F55	Truro Running Club
11	Coates	Pat	F55	Newquay Road Runners
472	Coker	Kelvin	Senior Male	Storm Plymouth
17	Colleridge	Steven	M60	Unattached
445	Collins	George	M50	Unattached
290	Collyer	Charlotte	F40	Okehampton RC
280	Cook	Chris	M55	Unattached
162	Copson-Ball	Sally	F40	Unattached
455	Cornish	Dean	M45	Tamar Trotters
121	Courtneil	Darren	M45	Unattached
422	Cowden	Andy	M55	Bere Alston Trekkers
91	Cox	Steve	M45	Launceston Road Runners
419	Crawford	Gemma	Senior Female	Unattached
152	Creber	Emily	Senior Female	Unattached
23	Cregan	Gary	M50	Unattached
329	Cribb	Alexander	Senior Male	Unattached
208	Crocker	Louise	F50	Team H Running Plymouth
485	Crowther	George	Senior Male	Unattached
357	Cryer	Jon	M60	Unattached
16	Cullen	Geri	F50	East Cornwall Harriers
429	Curtis	Jemma	Senior Female	Storm Plymouth
494	Cusick	Lee	M50	South West Road Runners
371	Davenport	zoey	F35	Unattached
281	Davey	Geoff	M40	Teignbridge Trotters
69	Davies	Chris	Senior Male	Unattached
88	Davies	Ruth	F40	Unattached
265	Davis	Steve	M55	Plymouth Musketeers RC
180	Daw	Sharon	F50	East Cornwall Harriers
243	Dawe	Robert	M55	Plymouth Striders
117	Day	James	Senior Male	Plymouth Musketeers RC
174	Dean	Emma	F40	Okehampton RC
93	Delbridge	Deborah	F45	Menheniot
350	Distin	Andy	Senior Female	Unattached
285	Downing	Adam	Senior Male	Unattached
36	Du Toit	Natasha	Senior Female	Tavistock AC
333	Dunn	Vicki	F35	Plymouth Musketeers RC
390	Dunne	Genevieve	F45	Unattached
163	Durston	Jim	M50	South West Road Runners
373	Dyer	Shaun	M40	Unattached
353	Easton	Andy	M60	Storm Plymouth
240	Eckersley	Linsay	Senior Female	Storm Plymouth
183	Edwards	Hans	M50	Unattached
198	Elmes	Ralph	M70	Bere Alston Trekkers
32	Evans	Lucy	F40	Teignbridge Trotters
262	Evans	Des	M65	Newquay Road Runners
378	Everson	Jenni	F45	Unattached
379	Everson	Anthony	M45	Unattached
171	Ewing	Rebecca	F35	Okehampton RC
294	Eyre	Dana	F45	Plymouth Musketeers RC

451	Far	James	M60	Storm Plymouth
272	Farmer	Mark	M50	Unattached
10	Ferguson	Andrew	Senior Male	Mud Crew Trail Runners
52	Fewins	Simon	M40	Plymouth Musketeers RC
469	Fisk	Jodi	Senior Female	Tavistock Run Project
150	Foster	Richard	M40	Launceston Road Runners
393	Foster	Ki	F45	Unattached
303	Fowler	Nicola	F35	Storm Plymouth
70	Fowles	Michael	Senior Male	Unattached
437	Francis-Dubois	Stuart	M50	Unattached
9	French	Heather	F45	Bere Alston Trekkers
322	French	Tim	M40	Unattached
305	Friend	Sean	M40	Storm Plymouth
273	Friendship	Sharon	F55	Tamar Trail Runners
274	Friendship	Nick	M55	Tamar Trail Runners
304	Fritsch	Christine	F40	Okehampton RC
349	Furnivall	Charlie	Senior Male	Unattached
239	Gale	David	M50	Tamar Trail Runners
392	Gallacher	Hamish	M45	Unattached
114	Gauld	Matthew	M40	Unattached
191	Gay	Jackie	F50	Launceston Road Runners
145	Gee	Liz	F35	Plymouth Musketeers RC
22	Gentry	Caroline	F45	Unattached
248	Gilbert	Kim	M55	Unattached
29	Glattback	Michael	0	Unattached
410	Gokhale	Stephen	M40	Unattached
423	Goldsworthy	Rosalie	F40	East Cornwall Harriers
105	Goodacre	Mary	F65	Tamar Trotters
481	Green	Stephanie	F40	Unattached
140	Grzenda	Matthew	M40	Plymouth Musketeers RC
64	Gullock	Dan	Senior Male	Unattached
127	Haimes	Tim	M40	Unattached
1	Hall	Stuart	M50	DSFRS
500	Hall	Rebecca	Senior Female	Unattached
73	Hallas	Paul	Senior Male	Unattached
92	Hallas	Lucy	F35	Unattached
402	Hamilton	Rebecca	F40	Unattached
35	Hands	Mike	M45	Unattached
232	Hansen	Carol	F55	Erme Valley Harriers
440	Harber	Dean	M45	Plymouth Musketeers RC
45	Harp	Chantal	F35	Unattached
3	Harris	Alexandra	F35	Storm Plymouth
301	Harris	Tim	Senior Male	Unattached
420	Harris	Lynda	F50	Plymouth Musketeers RC
224	Hartsell	James	Senior Male	Unattached
228	Harwood	Antony	M45	Plymouth Musketeers RC
181	Hawes	David	Senior Male	Unattached
161	Hawkins	Greg	M45	Team H Running Plymouth
375	Hawkrigg	Daniel	Senior Male	South West Road Runners
295	Hay	Steve	M55	Torrington AAC

148	Hayward	Caroline	F40	Unattached
158	Head	Martin	M50	Bere Alston Trekkers
159	Head	Hilary	F55	Bere Alston Trekkers
78	Healy	Simon	M40	Unattached
412	Hearne	Stuart	M45	Tavistock College
394	Helson	Neil	M45	Unattached
482	Hemsley	Catherine	F40	Unattached
302	Herbert	Lee	M40	Plymouth Musketeers RC
42	Hill	Steven	M40	Plymouth Harriers
164	Hill	Sarah	F45	Newquay Road Runners
389	Hill	Geoffrey	M40	Okehampton RC
360	Hillebrandt	Rodney	M70	Plymouth Musketeers RC
288	Hine	Michael	M45	Plymouth Harriers
364	Hingston	Shaun	M40	Bere Alston Trekkers
366	Hingston	Natasha	F45	Bere Alston Trekkers
112	Hirons	Sarah	F35	Erme Valley Harriers
106	Hitchen	Lesley	F45	Plymouth Musketeers RC
269	Hoadley	Keith	M50	Torrington AAC
264	Hoatson	Chloe	F35	Plymouth Musketeers RC
337	Hobbs	Julian	M50	Bitton Road Runners
365	Hobbs	Neil	M50	Gloucester AC
82	Hogan	Laura	F40	Bere Alston Trekkers
471	Holland	Sarah	F40	Tavistock AC
157	Holt	Christopher	Senior Male	Unattached
252	Honeyman	Kyle	Senior Male	Unattached
124	Horn	Richard	Senior Male	Unattached
102	Horton	Sarah	F45	Plymouth Coasters
244	Howells	Craig	Senior Male	Tavistock Run Project
65	Hudson	Jaine	F35	Storm Plymouth
166	Hudson	Joanna	Senior Female	Team H Running Plymouth
441	Hughes	Phillip	Senior Male	Unattached
72	Humberstone	Andy	M40	Okehampton RC
182	Hynes	Jaine	F50	Launceston Road Runners
245	Ingledeew	Sally	F55	Teignbridge Trotters
314	Irwin	Karen	F45	Looe Pioneers RC
315	Irwin	Michael	M50	Unattached
279	Ivoaden	Roger	M50	Okehampton RC
354	Jack	Sean	M55	Bude Rats
84	Jackman	Ollie	Senior Male	Unattached
434	Jago	Duncan	Senior Male	Storm Plymouth
21	James	Alison	F45	Plymouth Musketeers RC
37	Jamieson	Craig	M50	East Cornwall Harriers
5	Janjanin	Isla	F35	Unattached
153	Jarram	Ben	Senior Male	Launceston Road Runners
457	Jarvis	Liza	F35	Plymouth Musketeers RC
370	Jefford	Joanne	F40	Plymouth Musketeers RC
330	Jelley	Mark	M50	South West Road Runners
278	Jenkins	Christian	M55	Unattached
367	Jinman	Rob	Senior Male	Storm Plymouth
255	Johns	Christopher	M45	Unattached

132	Johnson	Ruth	F50	Teignbridge Trotters
400	Johnson	Bevan	M40	Tamar Trail Runners
43	Jones	Mark	M40	Plymouth Harriers
361	Jones	Kris	Senior Male	Plymouth Musketeers RC
464	Jones	Chris	Senior Male	Teignbridge Trotters
214	Keane	Toby	Senior Male	Unattached
226	Kearns	Joe	M55	East Cornwall Harriers
141	Kelley	Chris	M50	Instictive Sports
253	Kernahan	Nick	M65	Unattached
444	King	Louise	F50	Plymouth Musketeers RC
446	King	Bryan	M60	Plymouth Musketeers RC
470	Kingston-Bray	Guy	M45	Unattached
473	Kingston-Bray	Jules	F40	Unattached
324	Klimczak	Marcin	M40	Unattached
312	Knell	Felicity	F35	Unattached
107	Knight	Duncan	M45	Teignbridge Trotters
254	Kumah	Jenny	F40	Plymouth Musketeers RC
347	Lain	Jessica	Senior Female	Unattached
299	Lambert	Anthony	M45	Torrington AAC
289	Lamerton	Maggie	F45	Plymouth Musketeers RC
476	Lammers	Wiebke	F40	Falmouth RR
204	Lander Stow	Richard	M40	Unattached
99	Landricombe	Jamie	M40	Unattached
287	Lane	Richard	M45	Erme Valley Harriers
251	Lang	Sharon	F35	Plymouth Musketeers RC
374	Lea	Alex	Senior Male	Plymouth Musketeers RC
101	Lewis	Marc	Senior Male	Unattached
225	Lewis	Richard	M50	Unattached
477	Lewis	Brian	M45	Torbay AAC
165	Light	Lisa	F55	Plymouth Musketeers RC
317	Livermore	Mark	M50	Erme Valley Harriers
136	Lloyd	Andrew	Senior Male	Unattached
206	Lloyd	David	M50	Erme Valley Harriers
432	Longhorn	Monica	F40	Mile High
404	Love	John-Henry	Senior Male	Unattached
430	Low	Lynn	F55	Plymouth Musketeers RC
326	Lucas	Danielle	F40	Unattached
484	Luscombe	Mark	M40	Torbay AAC
95	Luther	Simon	M50	Unattached
237	Lyle	Susan	F55	Brixham Harriers
334	Lynn	Rachel	Senior Female	Plymouth Musketeers RC
50	Macalpine	Craig	M45	Erme Valley Harriers
296	Mace	Stephen	M50	Storm Plymouth
68	Mack	Tom	M45	Unattached
14	Mackay	Abigail	F40	Unattached
369	Maddock	Fiona	F45	Bere Alston Trekkers
103	Malthouse	Rachael	Senior Female	Tavistock Run Project
104	Malthouse	Chris	M45	Tavistock Run Project
380	Manly	John	Senior Male	Unattached
449	Marsh	Kathryn	F40	Carn Runners

98	Marshall	Catherine	F35	Unattached
478	Marshall	Charmaine	F40	Vegan Runners UK
192	Martin	Andrew	M50	Tavistock AC
342	Martin	Gary	M45	Plymouth Musketeers RC
128	Mason	Alistair	Senior Male	Unattached
403	Matthews	Leila	F40	Unattached
448	Matthews	Jonny	M40	Storm Plymouth
428	May	Gail	F40	Storm Plymouth
74	Mcaughey	Peter	M45	Launceston Road Runners
323	McDowall	Andy	M40	Unattached
325	Mcgrath	Yves	F40	Unattached
426	McKenzie	Paul	M40	Unattached
351	Mill	Lewis	M45	Teignbridge Trotters
468	Mills	Claire	F35	Unattached
144	Moon	Peter	Senior Male	Unattached
4	Moore	Andy	Senior Male	Unattached
59	Moore	Chris	Senior Male	Unattached
439	Morgan	Frances	F50	Bere Alston Trekkers
100	Morris	Nicola	F55	Torrington AAC
346	Moyse	Kelvin	Senior Male	Bude Rats
31	Mulvihill	Lorna	Senior Female	Plymouth Striders
418	Murray	James	M45	Newquay Road Runners
196	Neal	Steve	M55	STORM PLYMOUTH
348	Neale	Ben	Senior Male	Tavistock Run Project
126	Newman	James	Senior Male	Plymouth Harriers
293	Newman	James	Senior Male	Plymouth Musketeers RC
38	Newns	Nick	M45	Unattached
335	Newton	Chris	Senior Male	Plymouth Musketeers RC
474	Nicholas	Jonathon	M45	Unattached
498	Norris	Chris	M40	Launceston Road Runners
134	Northey	Joanna	F40	Launceston Road Runners
234	O'Connell	Heather	F35	Plymouth Musketeers RC
258	Olliffe	Steph	F50	Torrington AAC
146	Oman	Ben	M40	Unattached
388	O'Neill	Louise	F50	Tavistock AC
71	Orme	Helen	F40	Tavistock AC
110	O'Shea	Steve	M60	Mud Crew Trail Runners
111	O'Shea	Tina	F55	Mud Crew Trail Runners
175	Oxborough	Tracey	F50	Tavistock AC
210	Oxton	Sandra	F50	Plymouth Striders
203	Padley	Chelsea	F35	Unattached
343	Page	Joanne	Senior Female	Unattached
87	Palmer	Stefan	M45	Bodmin Road Runners
327	Parkes	Daniel	Senior Male	Unattached
355	Parnell	Andrew	M50	Unattached
276	Parrott	Gavin	M40	Teignbridge Trotters
397	Parsons	Andrew	M45	Storm Plymouth
489	Partridge	Graham	M65	South West Road Runners
298	Patterson	Conor	Senior Male	Unattached
47	Pearce	Stewart	M70	Unattached

492	Pearson	David	M65	Plymstock Road Runners
319	Peck	Cris	M50	Unattached
131	Peoples	Fleur	Senior Female	Unattached
96	Perkins	Lee	M45	Unattached
77	Perry	Lewis	M40	Unattached
63	Petch	Fiona	Senior Female	Unattached
344	Peters	Martin	M45	Unattached
320	Phelps	Fiona	F50	Tamar Trotters
338	Pierpoint	Jacob	Senior Male	Unattached
194	Pike	Sarah	F40	Teignbridge Trotters
135	Pope	Gary	M45	Plymouth Musketeers RC
491	Porter	Mark	M50	Unattached
179	Potter	Jason	M40	Exeter Tri Club
217	Powell	Arlene	Senior Female	Unattached
493	Prewett	George	Senior Male	Tamar Trotters
94	Prisk	Maryann	F35	Unattached
83	Pritchard	Jo	F35	Unattached
382	Prowse	Kirsty	Senior Female	Team H Running Plymouth
431	Pugsley	James	Senior Male	Bideford AAC
61	Pyke	Cherry	F45	Unattached
458	Queen	Stuart	M40	Tamar Trail Runners
97	Randall	Joanna	Senior Female	Teignbridge Trotters
309	Read	Phil	M50	Okehampton RC
414	Read	Nick	Senior Male	Tavistock College
247	Richards	Lisa	F45	Unattached
139	Richardson	Mark	M45	Bradworthy Runers
332	Ridley	Becky	Senior Female	Tavistock AC
211	Roberts	Helen	F45	Unattached
268	Roberts	Andy	Senior Male	Unattached
383	Roberts	Adam	Senior Male	Exeter Tri Club
125	Robinson	Dale	Senior Male	Unattached
249	Robinson	Christian	Senior Male	Teignbridge Trotters
313	Robinson	David	M40	East Cornwall Harriers
408	Robinson	Hugh	Senior Male	Okehampton RC
463	Robinson	Sarah	F40	Plymouth Musketeers RC
12	Rogers	Paul	M60	Unattached
384	Roper	Vicky	Senior Male	Unattached
19	Rose	Lindsay	F35	Blackwater Valley Runners
197	Ross	Ian	M55	Tamar Trotters
427	Rowe	Josh	Senior Male	Storm Plymouth
209	Ruffin	Adrian	M50	Storm Plymouth
80	Russell-Pollock	Christian	Senior Male	Unattached
284	Rutley	Neil	M55	Teignbridge Trotters
66	Sales	Hilary	F45	Unattached
67	Sales	Kevin	F40	Unattached
129	Salter	Tj	F35	Storm Plymouth
277	Sanderson	Keith	M40	Unattached
415	Saul	Ben	M45	Bere Alston Trekkers
260	Scott	Jon	Senior Male	Unattached
270	Scott	Rachel	F50	Plymouth Musketeers RC

200	Screech	Mark	M45	Unattached
227	Seagram-D'Avranches	D'Arcei	Senior Male	Unattached
34	Searle	John	M60	Unattached
257	Selwood	Jill	F50	Plymouth Harriers
238	Sewell	Andrew	M55	Plymouth Striders
213	Shapcott	Paul	M45	Storm Plymouth
176	Sharman	Kate	F35	Unattached
189	Sharples	Paul	M60	Teignbridge Trotters
190	Sharples	Sharon	F50	Teignbridge Trotters
339	Shaw	Rob	Senior Male	Unattached
51	Shepherd	David	Senior Male	Plymouth Musketeers RC
229	Shipping	Matthew	Senior Male	Unattached
442	Shipton	Jason	M45	Tavistock AC
310	Shortman	Catherine	F50	Unattached
13	Shute	Natalie	F35	Launceston Road Runners
33	Simpson	Hayley	Senior Female	Plymouth Striders
362	Simpson	Paul	F35	Plymouth Striders
263	Simson	Paula	F40	City Of Plymouth AC
297	Sinclair	Sarah	F45	Plymouth Musketeers RC
399	Skinner	Derek	M55	Teignbridge Trotters
385	Sleeman	Jenna	Senior Female	Unattached
167	Smerdon	Paula	F40	Tavistock AC
372	Smiles	Sam	Senior Male	Tamar Trotters
250	Smith	Andrew	Senior Male	Plymouth Harriers
411	Smith	Becky Jane	F35	Tamar Trotters
417	Smith	John	M60	Tamar Trotters
118	Smyly	Roger	M50	Unattached
81	Snelling	Rachel	F35	Storm Plymouth
483	Sobey	Bill	Senior Male	Unattached
454	Sole	John	Senior Male	Cornwall AC
137	Spargo	Philip	M60	Truro Running Club
405	Spicer	Caren	F50	Unattached
202	Stanford	Joe	M40	Unattached
151	Steer	Katherine	F35	Tavistock AC
201	Stewart	John	M55	Unattached
352	Symons	Mark	M45	Unattached
300	Taphouse	Lesley	F55	Bodmin Road Runners
119	Tapp	Sara	F40	Unattached
149	Tapp	Mark	M45	Unattached
25	Taylor	Nicky	F40	Unattached
233	Taylor	Eleanor	F55	Teignbridge Trotters
246	Taylor	Mike	M40	Plymouth Tri Club
406	Taylor	Matthew	Senior Male	Plymouth Musketeers RC
54	Teague	Matthew	M40	Unattached
154	Temple-Thurston	Beth	F40	Unattached
267	Thomas	Mark	Senior Male	Unattached
456	Thompson	Lesley	F45	Plymouth Musketeers RC
487	Thompson Coon	Luke	M45	Unattached
236	Thomson	Cassi	Senior Female	Unattached
447	Tippett	Sarah	F40	Tamar Trail Runners

230	Tomlin	David	M45	Cheltenham and County Harriers
57	Tossell	Michael	Senior Male	Storm Plymouth
58	Towers	Julie	F55	Launceston Road Runners
242	Trebilcock	Linda	F55	Plymouth Harriers
496	Trebilcock	Liz	F50	Truro Running Club
497	Trebilcock	Mark	M55	Cornwall AC
409	Tremlett	Sue	M55	Teignbridge Trotters
40	Trice	Soozie	F40	Tavistock AC
62	Trice	Dean	M45	Plymouth Musketeers RC
75	Tunison	Kevin	Senior Male	Unattached
108	Turner	Kerry	F35	Tamar Trail Runners
387	Turner	Glenn	M40	Unattached
433	Turner	Mark	M45	Unattached
147	Varcoe	Edward	Senior Male	Plymouth Harriers
336	Vassay	James	Senior Male	Littledown Harriers
26	Vosper	Nicola	F55	Bodmin Road Runners
27	Vosper	Francis	M60	Bodmin Road Runners
155	Wakeham	Laura	Senior Female	Unattached
488	Wakeham	Laura	Senior Female	Unattached
467	Waldron	Allison	F45	Storm Plymouth
18	Wallbank	Rob	Senior Male	St Austell RC
186	Ware	Henry	Senior Male	Tavistock Run Project
256	Warne	Hannah	Senior Female	Unattached
292	Warren	Raylisha	F35	Plymouth Musketeers RC
381	watson	steven	M45	Tavistock Run Project
109	Watts	Ben	M40	Unattached
143	Waumsley	Pete	M45	Storm Plymouth
220	Wearing	Chris	Senior Male	Unattached
85	Weatherill	Christopher	M40	Plymouth Harriers
275	Weemys	Simon	M45	Unattached
216	Wellfair	Clare	F35	Plymouth Harriers
28	West	Aaron	Senior Male	Unattached
413	West	Mark	M45	Tavistock College
89	White	Alison	F50	Plympton Hash
90	White	Will	Senior Male	Plympton Hash
261	White	Dave	M45	Unattached
438	WHITE	SAMUEL	Senior Male	Unattached
184	Whitmore	Paul	Senior Male	Storm Plymouth
345	Wilkins	Rebecca	Senior Female	Unattached
391	William	Lewis	Senior Male	Plymouth Musketeers RC
308	Williams	Trevor	M55	Tamar trotters
443	Williams	Darren	M45	Plymouth Musketeers RC
480	Williams	Hellen	Senior Female	Unattached
120	Willis	Katharine	F45	Tamar Trotters
421	Wilson	Oonagh	F50	Torrington AAC
86	Wintle	Geoff	M55	Unattached
416	Wise	Rebecca	F35	Launceston Road Runners
424	Wise	Matthew	M40	Launceston Road Runners
460	Wolstencroft	Zoe	F40	Carn Runners

24	Wood	Kerry	F50	Unattached
39	Wood	Glenn	M50	East Cornwall Harriers
49	Woollett	Mandy	F45	Looe Pioneers RC
193	Woon	Jacki	F50	Teignbridge Trotters
235	Wren	Rebecca	F35	Unattached
53	Yerlikaya	Ziya	M40	Unattached
453	Young	William	Senior Male	Unattached
48	Youngman	Paul	M55	Plymouth Musketeers RC
160	Youngs-Pearce	Rachel	F40	Unattached
187	Zamudio	Daffne	Senior Female	Unattached